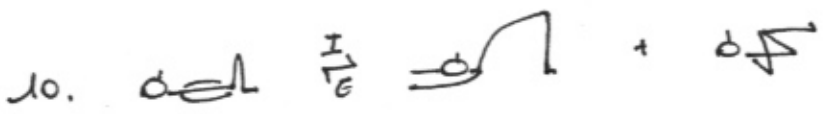
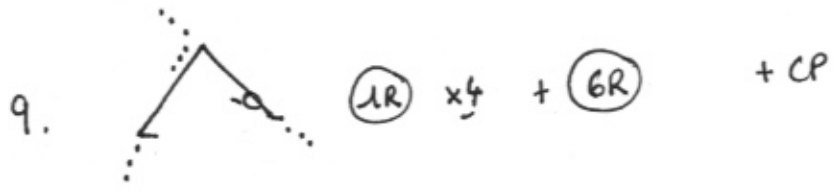
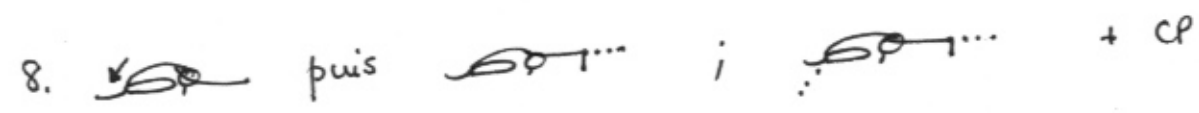
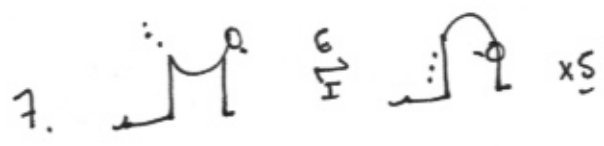
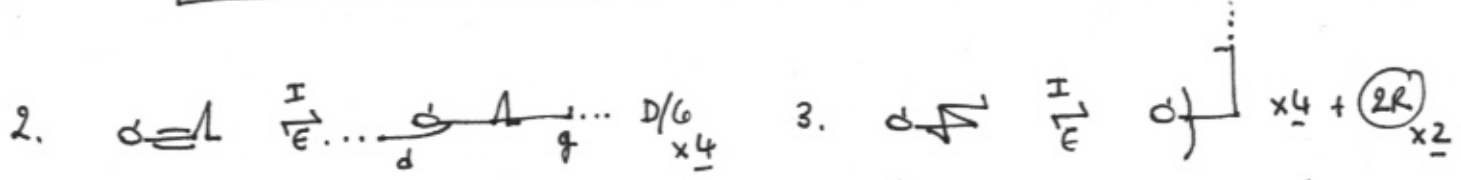
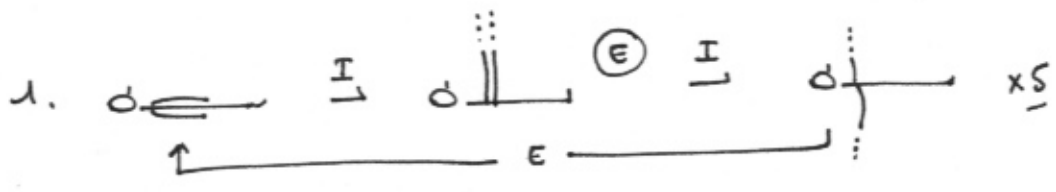



0 ← ← BHĀVANĀ : Penser les directions comme des fils  
 Comment l'intention transforme ma pratique ?



  Compter INSP et EXP